Career and Leadership Course for Researchers on Postdoctoral Level

This course is the first module of a complete programme aimed at researchers on postdoctoral level, offering a wide range of high-quality courses on topics such as innovation, research leadership, grant writing and research ethics.

The Career and Leadership Course: Contents and Structure

The course focuses on the individual participant’s professional situation and career goals. The overall aim of the course is to create consciousness about various career paths both inside and outside academia. Working methods include, presentations, case-work, experience-sharing, individual tasks, and group discussions. A JTI Preference-test with a personal profile report is included.

The course will focus on three general topics:

- Career Clarification and Strategic Career Management (your professional profile)
- Personal Development and Work-Life-Balance (you as a person)
- Understanding Your Organization and Context (your environment and business sector)

Expected Learning Outcomes

- Strengthen your professional development
- Strengthen your personal development and self-awareness
- Understand how to manage and lead your own career
- Learn a variety of tools to support career strategies and goal settings
- Understand your strengths and weaknesses
- Understand different career paths, your research environment and organizational setting

The course leader is Monika Janfelt, an experienced expert in career development for young researchers. She holds a PhD in history from Åbo Akademi, Finland, has a background as a researcher and has conducted career programmes for young researchers since 2010. Academics and leaders from UoO and/or other organizations will contribute with presentations and panel debates throughout the course.

Contents, time and venue:

The course consists of two modules (2+3 days) with individual preparation before each module. Signing up for the course, you are committed to attend all five days of the programme including preparatory activities.

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<th>Day 1 (11.2.16)</th>
<th>Day 2 (12.2.16)</th>
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<tbody>
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<td>Career Patterns</td>
<td>Personal development</td>
<td>Organization and Context</td>
<td>Building Your Career</td>
<td>Leading Yourself</td>
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Both course modules will take place at Soria Moria Hotel and Conference Centre on the outskirts of Oslo, February 11th-12th and March 15th-17th. Participants are invited and encouraged to stay at Soria Moria during the course. Accommodation and meals are covered by the Faculty of Medicine, UiO.

Participant profile and course application
The course has a capacity of maximum 24 participants and will be conducted in English. Up to 12 seats are available to participants from Scientia Fellows, the Faculty’s own postdoctoral COFUND programme supported by the European Union.

There is no course fee; however, if you sign up for the course, you are obliged to participate full time in both sessions and additional preparatory activities. Should a participant withdraw from parts of or the entire course after the registration deadline, a fee covering board and lodging will be calculated and invoiced to the participant.

Eligible applicants are researchers at postdoctoral level at the Faculty of Medicine, UiO. To apply for the course, please fill in the application form and attach a short letter of recommendation from a senior researcher before December 10th, 2015.