

Curriculum vitae

Mette Brekke, born 12.12.1953

Education:

- Cand. med. University of Bergen, Norway 1979
- Specialist in general practice/family medicine 1989, 1994, 1999, 2004, 2009 and 2014
- Family therapist, Institute of family therapy, Oslo, 1993
- Ph D University of Oslo 2002

Professional experience:

- Internship, Rjukan and Hammerfest 1979-81
- District health officer and head of health service, Karasjok 1981-85
- Community doctor, Vinstra 1985-94
- Doctor, psychiatric departments Oslo Hospital & Gjøvik hospital 1988-89
- Doctor 50 % at family guidance clinics (Otta and Oslo) 1987-96.
- Journalist, Journal of the Norwegian medical association 1994-96
- General practitioner, St. Hanshaugen Bydel Oslo from 1.1.1997.
- List holder from 2002: 1150 patients
- Leader of Nasjonalt revmatologisk rehabiliterings- og kompetansesenter Diakonhjemmet hospital, Oslo, 1999- 2000
- University lecturer 20 % at Institute of general practice and community medicine, University of Oslo 1997 – 2004
- Research fellow 50 %, grants from Norwegian research council at Institute of general practice and community medicine, University of Oslo 2000 -2004
- Associate professor at Institute of general practice and community medicine, University of Oslo 50 % 2005 – 2009
- Professor at Institute of general practice and community medicine – now: Institute of Health and Society - University of Oslo 50 % from 15.9.2009 - present

Professional assignments (in Norwegian)

- Fylkestillitsvalgt Offentlige legers landsforening Finnmark 1984-5
- Medlem av redaktørgruppa for tidsskriftet Utposten 1988-92
- ”Støttelege” Oppland fylke 1990-94
- Medlem av redaksjonskomiteen Tidsskrift Nor Lægeforen 1993-99
- Medlem av Fagutvalget Alment Praktiserende Lægers Forening 1997-2002
- Medlem av Allmenntmedisinsk forskningsutvalg 1997-2000
- ”Lege for lege” Oppland og senere Oslo 1997 – dags dato
- Faglig medarbeider Tidsskrift Nor Lægeforen 2002 – dags dato
- Medlem av Hovedkomiteen for Primærmedisinsk uke 2003-2004
- Norsk representant EURACT (European Academy of Teachers in General Practice) 2007 – 2012
- Medlem av Fondsutvalget for Allmenntmedisinsk forskningsfond 2007 – 2012
- Medlem av redaksjonskomiteen for 2. revisjon av Allmenntmedisin (lærebok, S. Hunskaar, red). 2011-2012.
- Medlem av vitenskapelig komité ved 17th Nordic Congress of GP in Tromsø 2011.

Teaching and teaching administration (in Norwegian):

- Forelesninger for medisinstudenter fra 1998-dags dato
- Undervisning på grunnkurs i forskning for allmennleger i spesialisering (og på mange andre kurs ad hoc)
- Medlem av semesterutvalget i semester 11 og 12 i medisinstudiet 2007-2012
- Medlem i prosjektgruppe for utarbeidelse av ny eksamensform i semester 12, 2008-2009
- Medlem i prosjektgruppe for revisjon av medisinstudiet ved UiO 2012-13
- Undervisningsleder for allmennmedisin ved medisinstudiet fra høsten 2013
- Medlem av Modulgruppe 1 samt av eksamenskommisjonen i Modul 1 fra høsten 2013

Supervision (2009-2014)

Rune Eilertsen: 134 patients with acute abdominal pain in general practice – tentative diagnoses and handling. A descriptive study.

Medical student.

Sole supervisor.

Article published 2009.

Axel Vetlesen & Lars Høiby: Livskvalitet hos pasienter i legemiddelasistert rehabilitering – en kvalitativ undersøkelse.

Medical students.

Sole supervisor.

Article published 2010.

Kirsten Sola: An activity-based intervention for obese and physically inactive children organized in primary care – feasibility and impact on fitness and BMI – A one year follow-up study.

AFU-stipend.

Sole supervisor.

Article published 2010.

Torunn B. Eide & Veslemøy Hippe: Compliance with antibiotic treatment in primary health care.

AFU-stipend.

Sole supervisor.

Article published 2012.

Karin Frydenberg: Poor communication on patients' medication across health care levels leads to harmful medication errors.

AFU-stipend.

Sole supervisor.

Articles published 2012.

Ivar Skeie: Somatic health effects of opioid maintenance treatment (OMT).

PhD

Fellow supervisor. Main supervisor: Helge Waal, fellow supervisor: Morten Lindbæk.

Thesis defended 09.11.2012.

Zuhal Rahmani: Antenatal and perinatal care in Afghanistan.

Medical student.

Sole supervisor.

Article published 2013.

Inger Johansen: Rehabilitation of elderly patients in the community.
PhD.
Main supervisor. Fellow supervisors: Morten Lindbæk & Johan Stanghelle.
Thesis defended May 2013

Gunhild Nyborg: Inappropriate prescribing for the elderly.
PhD.
Main supervisor. Fellow supervisor: Jørund Straand

Holgeir Skjeie: Acupuncture treatment of infantile colic in general practice.
PhD
Main supervisor. Fellow supervisors: Arne Fetveit

Odd Martin Vallersnes: Acute poisonings by substances of abuse in Oslo – immediate clinical assessment and follow-up.
PhD
Main supervisor. Fellow supervisors: Dag Jacobsen & Øivind Ekeberg.

Heidi Fidjeland: Why do cancer patients see their regular GP? - An integrated care project.
PhD.
Main supervisor. Fellow supervisor Ingvild Wistad.

Kirsten Valebjørg Knutsen: Vitamin D, muscular strength, muscular pain and headache.
PhD.
Fellow supervisor. Main supervisor: Per Lagerløv. Fellow supervisor: Haakon Meyer.

Trygve Skonnord: Acupuncture treatment for acute low back pain in general practice.
PhD
Fellow supervisor. Main supervisor: Arne Fetveit.

Elisabeth Bjørnland: Why do patients see their regular GP?
Medical student.
Sole supervisor.
Article submitted 2014

Morten Kvam Olafsen: Sexuality and chronic disease.
Medical student.
Main supervisor. Fellow supervisor: Haakon Aars.

Mina Dahli: Health means having a life I like. Adolescents' perception of health and health care seeking.
AFU-stipend.
Fellow supervisor. Main supervisor: Ole Rikard Haavet.

Mina Dahli: Shared primary and mental health care for mental and comorbid illnesses. A cluster-randomized study
PhD in preparation
Fellow supervisor. Main supervisor: Ole Rikard Haavet