

## CV

### Professor Jan Frich

Institute of Health and Society  
Faculty of Medicine, University of Oslo  
P.O. Box 1089, 0318 Oslo  
Norway  
[jan.frich@medisin.uio.no](mailto:jan.frich@medisin.uio.no)

### Education/academic degrees

- Executive Board Program, Scandinavian Executive Institute/INSEAD, 2022
- Executive Certificate in Public Leadership, Harvard Kennedy School, Harvard University, 2019
- Doctor of Medicine (Dr.med./PhD), University of Oslo, 2008
- Master in Health Administration (MHA), University of Oslo, 2008
- Master of Science (MSc) in medical anthropology, Brunel University London, 2001
- MD (cand.med.), University of Oslo, 1996
- BSc (cand.mag.), University of Oslo, 1993

### Certifications

- Certified Specialist in Neurology, 2008
- Authorized Physician (EEA/EU), 1999

### Academic appointments

- Professor (Adjunct), Faculty of Medicine, University of Oslo, 2018-
- Vice-Chair, Institute of Health and Society, Faculty of Medicine, University of Oslo, 2015-2017
- Head of Department, Department of Health Management and Health Economics, Faculty of Medicine, University of Oslo, 2015-2017
- Visiting Professor, Yale School of Public Health, Yale University, 2013-2014
- Professor (Full), Faculty of Medicine, University of Oslo, 2011-2018
- Associate Professor, Faculty of Medicine, University of Oslo, 2010-2011

### Clinical/healthcare appointments

- CEO, Diakonhjemmet sykehus, 2023-
- Executive Director, Division of Health Services, Norwegian Institute of Public Health, 2022-2023
- CMO/Deputy CEO, South-Eastern Norway Regional Health Authority, 2018-2022
- Consultant, Department of Neurology, Oslo University Hospital, 2009-2017
- Consultant/Advisor, Center for Rare Diseases, Oslo University Hospital, 2010-2012
- Resident Physician in Neurology, Oslo University Hospital (Ullevål/Rikshospitalet), 2001-2008
- Internship, Kristiansund Hospital/Municipality of Ørskog, 1997-1999

### Other appointments

- Editor, *Michael*, 2023-
- Associate editor, *BMJ Leader*, 2018-
- Medical editor, *Journal of the Norwegian Medical Association*, 2005-2007

## Scientific articles (2018- )

1. Ofstad EH, **Frich JC**, Schei E, Frankel RM, Benth JŠ, Gulbrandsen P. Clinical decisions presented to patients in hospital encounters: a cross-sectional study using a novel taxonomy. *BMJ Open* 2018; 8:e018042.
2. **Frich JC**. Hvordan innføre nye metoder? *Tidsskr Nor Legeforen* 2018, doi: 10.4045/tidsskr.18.0289
3. Jakobsen RB, Gran SF, Grimsmo B, Arntzen K, Fosse E, **Frich JC**, Hjortdahl P. Examining participant perceptions of an interprofessional simulation-based trauma team training for medical and nursing students. *J Interprof Care* 2018; 32: 80–8.
4. **Frich JC**. Henrik Ibsen's battle with cerebrovascular disease. *Front Neurol Neurosci* 2018; 43:138–44.
5. Solberg OK, Filkuková P, **Frich JC**, Feragen KJB. Age at death and causes of death in patients with Huntington disease in Norway in 1986-2015. *J Huntington Dis* 2018; 7: 77–86.
6. **Frich JC**. Eugene O'Neills Strange Interlude – et nevrolitterært perspektiv. *Michael* 2018; 15: Suppl 22: 98–106.
7. van Walsem MR, Piira A, Mikalsen G, Fossmo HL, Howe EI, Knutsen SF, **Frich JC**. Cognitive performance after a one-year multidisciplinary intensive rehabilitation program for Huntington's disease: an observational study. *J Huntington Dis* 2018; 7: 379–89.
8. **Frich JC**, Spehar I. Physician leadership development: towards multidisciplinary programs? *BMJ Leader* 2018; 2: 91–4.
9. **Frich JC**, Spehar I. Ledelsesutvikling for leger. *Tidsskr Nor Legeforen* 2018; doi: 10.4045/tidsskr.18.0645.
10. Vassbotn AD, Sjøvik H, Tjerbo T, **Frich JC**, Spehar I. General practitioners' perspectives on care coordination in primary health care: A qualitative study. *Int J Care Coord* 2018; 21: 153–59.
11. **Frich JC**, Brean A, Dietrichs E, red. *Hjernen og historien*. Oslo: The Norwegian Medical Society 2018.
12. Solbakken G, Bjørnarå B, Kirkhus EA, Nguyen B, Hansen G, **Frich JC**, Ørstavik K. MRI of trunk muscles and motor and respiratory function in patients with myotonic dystrophy type 1. *BMC Neurology* 2019; 19: 135, doi: 10.1186/s12883-019-1357-8.
13. Schwartz A, van Walsem MR, Brean A, **Frich JC**. Therapeutic use of music, dance, and rhythmic auditory cueing for patients with Huntington's disease: a systematic review. *J Huntington Dis* 2019; 8: 393–420. doi: 10.3233/JHD-190370.
14. Husabø G, Nilsen RM, Flaatten H, Solligård E, **Frich JC**, Bondevik GT, Braut GS, Walshe K, Harthug S, Hovlid E. Early diagnosis of sepsis in emergency departments, time to treatment, and association with mortality: An observational study. *PLoS ONE* 2020; 15(1): e0227652.
15. Aristomo A, van Walsem MR, **Frich JC**. Self-reported physical activity in people with limb-girdle muscular dystrophy and Charcot-Marie-Tooth disease in Norway. *BMC Musculoskelet Disord* 2020; 21: 235. doi: 10.1186/s12891-020-03246-w.
16. Allwood D, Berendt T, Delgado P, **Frich JC**, Klaber B, Molloy A, Mountford J, Nigam A, Stoddart C, Swanwick T. This is different. *BMJ Lead* 2020 doi: 10.1136/leader-2020-000250.
17. Husabø G, Nilsen RM, Flaatten H, Solligård E, **Frich JC**, Bondevik GT, Braut GS, Walshe K, Harthug S, Hovlid E. Early diagnosis of sepsis in emergency departments, time to treatment, and association with mortality: An observational study. *PLoS ONE* 2020; 15(1): e0227652.
18. Martinussen PE, Magnussen J, Vrangbæk K, **Frich JC**. Should I stay or should I go? The role of leadership and organisational context for hospital physicians' intention to leave their current job. *BMC Health Serv Res* 2020; 20: 400. doi: 10.1186/s12913-020-05285-4.
19. Hovlid E, Teig IL, Halvorsen K, **Frich JC**. Inspecting teams' and organisations' expectations regarding external inspections in health care: a qualitative study. *BMC Health Serv Res* 2020; 20: 627. doi: 10.1186/s12913-020-05475-0.
20. Hovlid E, Braut GS, Hannisdal E, Walshe K, Bukve O, Flottorp SA, Stensland PS, **Frich JC**. Mediators of change in healthcare organisations subject to external assessment: a systematic

- review with narrative synthesis. *BMJ Open* 2020; 10: e038850. doi: 10.1136/bmjopen-2020-038850.
21. Husabø G, Nilsen RM, Solligård E, Flaatten H, Walshe K, **Frich JC**, Bondevik GT, Braut GS, Helgeland J, Harthug S, Hovlid E. Effects of external inspections on sepsis detection and treatment: a stepped-wedge study with cluster-level randomization. *BMJ Open* 2020; 10: e037715.
  22. Husabø G, Teig IL, **Frich JC**, Bondevik GT, Hovlid E. Promoting leadership and quality improvement through external inspections of management of sepsis in Norwegian hospitals: a focus group study. *BMJ Open* 2020; 11: 10:e041997.
  23. **Frich JC**, Allwood D, Berendt T, Delgado P, Dunscombe R, Klaber B, Molloy A, Mountford J, Nigam A, Stoddart C, Swanwick T, Joshi I. Seeing and managing the icebergs. *BMJ Lead* 2021; 5: 1–2. doi: 10.1136/leader-2020-000378.
  24. Ikram U, Ren H, Shields-Zeeman L, **Frich JC**, Jones DN, Wu J, Kuang M, Liu Y, Ma J. Balancing COVID-19 preparedness and ‘business as usual’ in hospitals: Lessons from executives in China, Norway and the United Kingdom. *BMJ Lead* 2021; 5: 130–3; doi: 10.1136/leader-2020-000314.
  25. Solbakken G, Løseth S, Froholdt A, Eikeland TD, Nærland, T, **Frich JC**, Dietrichs E, Ørstavik K. Pain in adult myotonic dystrophy type 1: relation to function and gender. *BMC Neurology* 2021; 21: 101. doi: 10.1186/s12883-021-02124-9.
  26. Lyons O, Robynne G, Galante, JR, Mafi A, Fordwoh T, **Frich JC**, Geerts JM. Evidence-based medical leadership development: a systematic review. *BMJ Lead* 2021; 5: 206–13; doi: 10.1136/leader-2020-000360.
  27. Kristoffersen ES, Faiz KF, Hansen JM, Tronvik EA, **Frich JC**, Lundqvist C, Winsvold BS. The management and clinical knowledge of headache disorders among general practitioners in Norway: a questionnaire survey. *J Headache Pain* 2021; 22: 136. doi: 10.1186/s10194-021-01350-3.
  28. Fossberg BC, **Frich JC**. District medical officers’ perception of their own role. *Tidsskr Nor Legeforen* 2022; doi: 10.4045/tidsskr.21.0589.
  29. Andries A, van Walsem MR, Ørstavik K, **Frich JC**. Functional ability and physical activity in hereditary neuromuscular diseases. *J Neuromusc Dis* 2022; 9: 437–46. doi: 10.3233/JND-210677.
  30. Hovlid E, Husabø G, Teig IL, Halvosen K, **Frich JC**. Contextual factors of external inspections and mechanisms for improvement in healthcare organizations: a realist evaluation. *Soc Sci Med* 2022; 298: 114872. doi: 10.1016/j.socscimed.2022.114872.
  31. **Frich JC**, Bratholm C, Ravnestad H, Friberg ML, Mjåset C, Kaarbøe OM. Medical leadership development during the COVID-19 pandemic. *BMJ Lead* 2022; 6: 316–8. doi: 10.1136/leader-2021-000452.
  32. van Walsem MR, **Frich JC**, Gomez M, Howe E, Pihlstrøm L, Andelic N, Aas E. Health related quality of life, service utilization and costs for patients with Huntington’s disease in Norway. *BMC Health Serv Res* 2022; 22: 1527. doi: 10.1186/s12913-022-08881-8.
  33. Wiig S, Macrae CJ, **Frich J**, Øyri SF. Naming the “baby” or the “beast”? The importance of concepts and labels in healthcare safety investigation. *Front Public Health* 2023; 11: 1087268. doi: 10.3389/fpubh.2023.1087268.
  34. **Frich JC**, Allwood D, Busari JO, et al. Looking back, leading forward: BMJ Leader 5 years on. *BMJ Lead* 2023; 7: 1–2. doi: 10.1136/leader-2023-000754
  35. Fossmo HL, Ørstavik K, **Frich JC**, Robinson HS. Translation, reliability, and validity of the Norwegian version of the ABILHAND-NMD and the ACTIVLIM for Myotonic Dystrophy type 1. *Disabil Rehabil* 2023; doi: 10.1080/09638288.2023.2231848
  36. Tjomsland O, Thoresen C, Ingebrigtsen T, Søreide E, **Frich JC**. Reducing unwarranted variation: can a ‘clinical dashboard’ be helpful for hospital executive boards and top-level leaders? *BMJ Leader* 2023; doi: 10.1136/leader-2023-000749
  37. Haavet OR, Myhrer KS, Kates N, Mdala I, Aschim B, Lundevall S, Martinsen EW, **Frich JC**. Impact of a cognitive behavioural therapy training program on family physician practices: Cross-sectional study in Norway. *Can Fam Physician* 2023; 69: 784–91.

**Full list of publications in CRISTIN:**

<https://www.cristin.no/as/WebObjects/cristin.woa/wa/fres?sort=ar&la=no&action=sok&pnr=13843>

**ORCID:** <https://orcid.org/0000-0001-9079-7508>