**Henriette Øien**

Henriette Øien is clinical nutritionist and is head of department  of Noncommunicable Diseases, the Public Health Division in the Norwegian Directorate of Health. The department is working to support the health service's work to promote good physical and mental health and prevent disease, and to promote the use of lifestyle intervention as part of the treatment and rehabilitation of a variety of diseases and disorders. The subjects include tobacco, alcohol, nutrition, physical activity, sleep and mental disorders.

Norwegian Directorate of Health: <https://helsedirektoratet.no/English>