

Annual report 2018

People in contact with
substance misuse services
in the year preceding suicide

Suicide rate
188,8 women
234,9 men
per 100 000 patients
in substance misuse services

9 %
were in
paid employment

75 %
had a **substance related** or **psychiatric history**
lasting more than 5 years

Symptoms at last contact
42,2 % anxiety or distress
34,4 % depressive symptoms
25,0 % hopelessness
23,4 % increased substance use
21,9 % sleep problems

38 %
had experienced an
adverse life-event
last 3 months

53 %
had a lifetime-history of
deliberate self-harm

31 %
of the patients had a
crisis management plan