

**Suicide among inpatients in Mental Health Services for Adults**

**268 persons**  
died as inpatients between  
2010-2020

Suicide rate  
**0.87 per 1,000**  
inpatients

Median duration of last admission  
**20 days**

**7,4%**  
involuntary committed

**58%**  
had a **psychiatric history** lasting  
more than 5 years

**59%**  
had a lifetime history of  
**deliberate self-harm**

**44%**  
had a known history of  
**substance misuse**

**47%**  
had **adverse life-events**  
last 3 months

**17%**  
were in paid employment

**96%**  
had been prescribed  
**psychotropic drugs**

**Symptoms at last contact**

**59 %** depressive symptoms

**47 %** anxiety or distress

**40 %** sleep problems

**35 %** hopelessness

**25 %** suicidal ideation

Most were assessed with  
**low suicide risk**  
at last contact

**Suicide among inpatients in Mental Health Services for Adults**

**Inside the ward**

2018 - 2020

**30 persons**

**40%**

died during intermittent or  
continuous observation

**80%**

died by hanging

**79%**

died in their private room

**37%**

died during handover period

The majority of suicides happened  
during the  
**Weekend** and on **Mondays**

**Outside the ward**

2018 - 2020

**51 persons**

**47%**

on leave at the time of death

**37 %** planned leave

**24 %** escaped

**25%**

died by hanging

**24%**

died by jumping from a high place

**49%**

had affective disorders

Most suicides on  
**Wednesday** and **Saturday**,  
but large spread over the week