

**People in contact with Substance Misuse Services
in the year preceding suicide**

Suicide rate
171.4 women
189.8 men
per 100 000 patients in Substance
Misuse Services

64%
in contact with Mental Health
Services last year in addition to
Substance Misuse Services

27%
diagnosed with
alcohol use disorders

Symptoms at last contact

35 % anxiety or distress
33 % depressive symptoms
27 % hopelessness
20 % sleep problems
20 % suicidal ideation

Most were assessed with
low suicide risk
at last contact

70%
had a **psychiatric history** lasting
more than 5 years

57%
had a lifetime history of
deliberate self-harm

40%
had adverse life-events
last 3 months

34%
had experienced
childhood abuse

28%
of the patients had a
crisis management plan

32%
did not show up at last appointment