

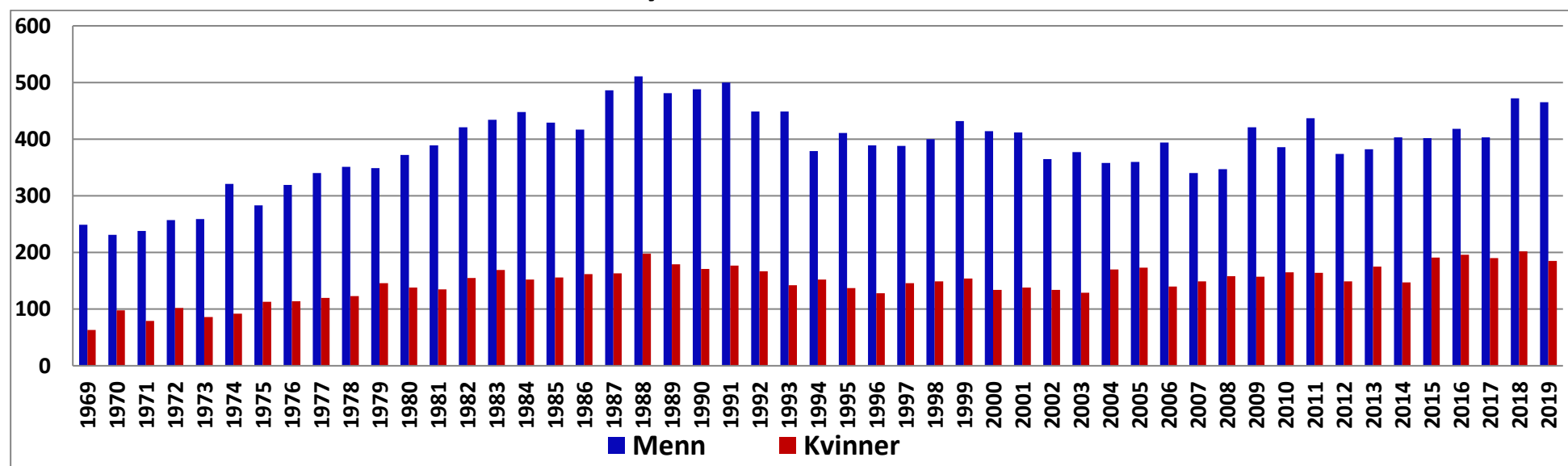
In 2019, there were 650 suicides, comprising 465 males and 185 females, which corresponds to a rate of 13.8 per 100 000 population, 19.7 per 100 000 men and 7.9 per 100 000 women aged 10 years or above in Norway.

Number of Suicide Deaths by Sex and Calendar Time from 1970 to 2019

(Data of selected years were presented here in order to give an overview)

Year	1970	1975	1980	1985	1990	1995	2000	2005	2010	2015	2017	2018	2019
Men	231	283	372	429	488	411	414	360	386	402	403	472	465
Women	98	113	138	156	171	137	134	173	165	191	190	202	185
Total	329	396	510	585	659	548	548	533	551	593	593	674	650

Number of Suicide Deaths by Sex and Calendar Year from 1969 to 2019



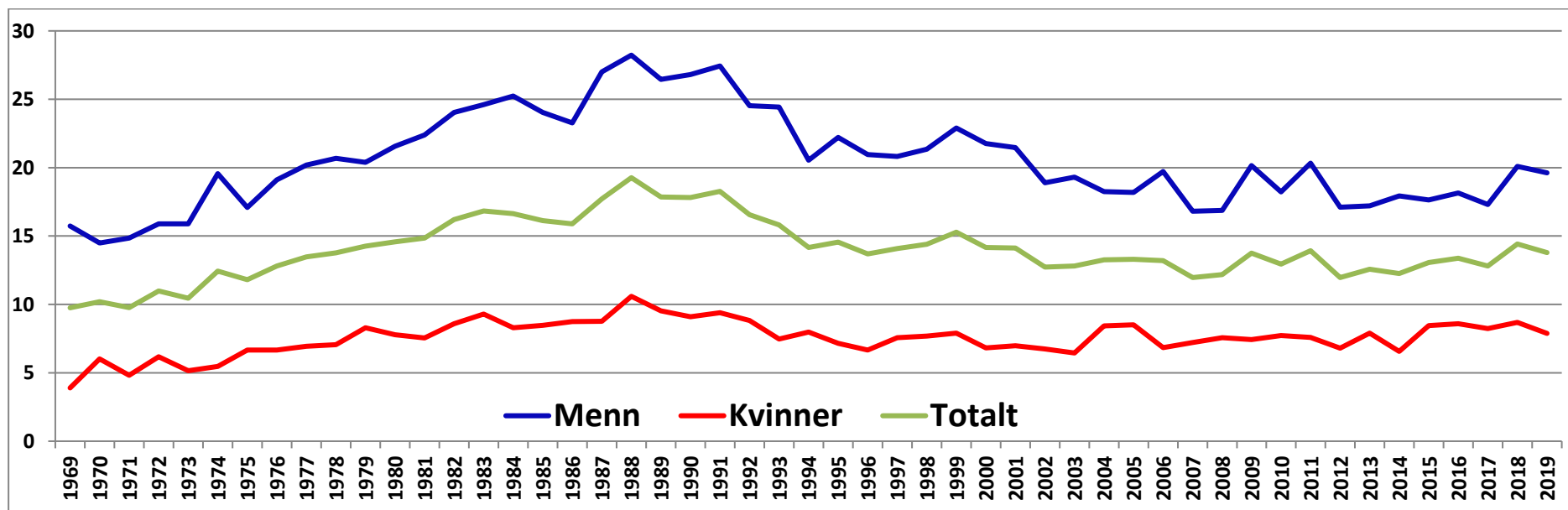
(produced by Ping Qin upon raw data from FHI and SSB)

Suicide Mortality by Sex in Selected Years from 1970 to 2019

(per 100 000 population 10+ years old)

Year	1970	1975	1980	1985	1990	1995	2000	2005	2010	2015	2017	2018	2019
Men	14.5	17.1	21.6	24.1	26.8	22.2	21.8	18.2	18.2	17.6	17.3	20.1	19.6
Women	6.0	6.7	7.8	8.5	9.1	7.2	6.8	8.5	7.7	8.4	8.2	8.7	7.9
Total	10.2	11.8	14.6	16.1	17.8	14.6	14.2	13.3	13.0	13.1	12.8	14.4	13.8

Suicide Mortality by Sex from Year 1969 through 2019



(produced by Ping Qin upon raw data from FHI and SSB)

NSSF



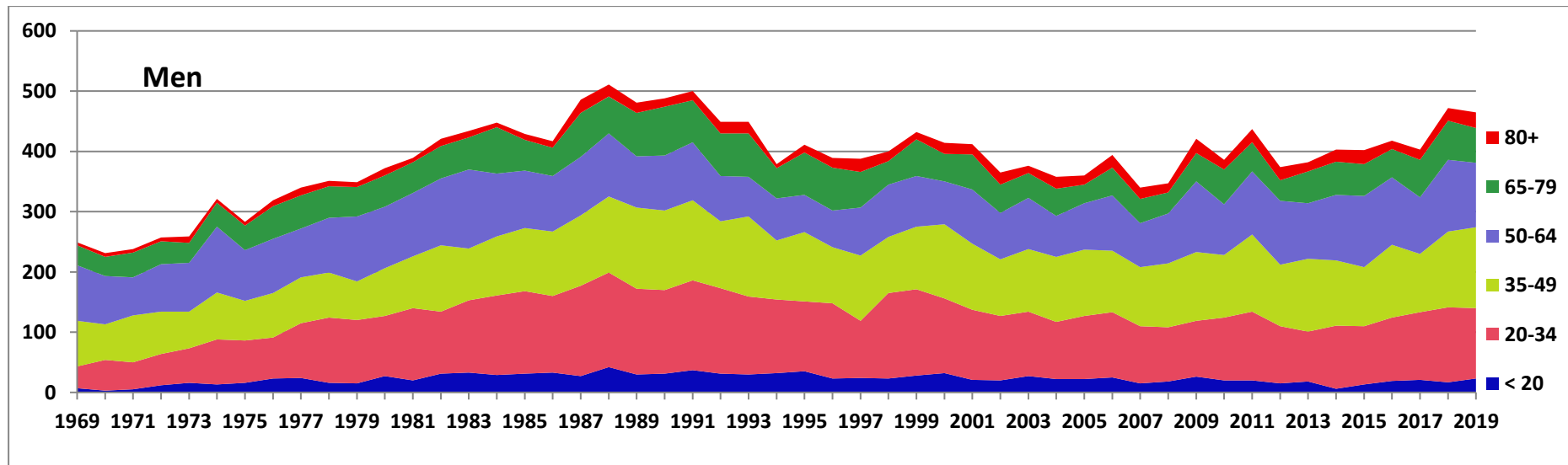
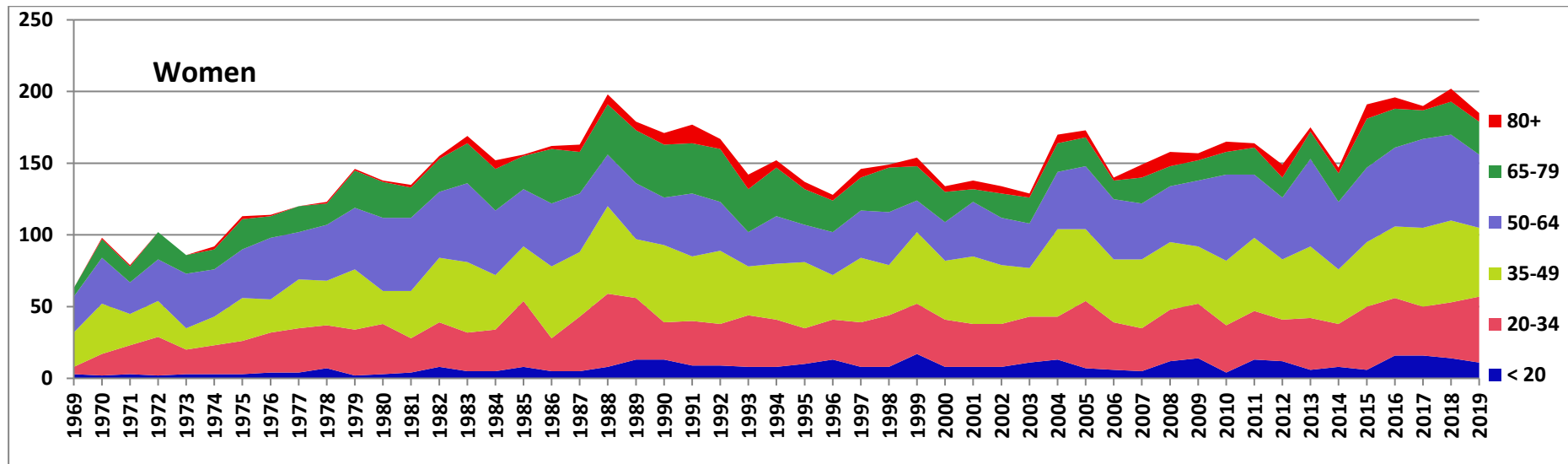
National Centre
for Suicide Research
and Prevention

Number of Suicide by Sex and Age-group, Selected Years from 1970 to 2019

Age	1970	1975	1980	1985	1990	1995	2000	2005	2010	2015	2017	2018	2019
Women													
10-19 years old	2	3	3	8	13	10	8	7	4	6	16	14	11
20-34 years old	15	23	35	46	26	25	33	47	33	44	34	39	46
35-49 years old	35	30	23	38	54	46	41	50	45	45	55	57	48
50-64 years old	32	34	51	40	33	26	27	44	60	52	62	60	51
65-79 years old	13	21	25	23	37	25	21	20	16	34	20	23	23
>= 80 years old	1	2	1	1	8	5	4	5	7	10	3	9	6
Total	98	113	138	156	171	137	134	173	165	191	190	202	185
Men													
10-19 years old	3	16	27	31	31	35	32	22	20	13	21	17	23
20-34 years old	51	70	100	137	139	116	124	105	104	97	112	124	117
35-49 years old	59	66	79	105	132	115	123	110	104	98	97	127	134
50-64 years old	80	84	102	95	91	62	71	77	84	118	94	119	107
65-79 years old	32	41	52	51	81	70	46	31	58	53	62	64	58
>= 80 years old	6	6	12	10	14	13	18	15	16	23	17	21	26
Total	231	283	372	429	488	411	414	360	386	402	403	472	465

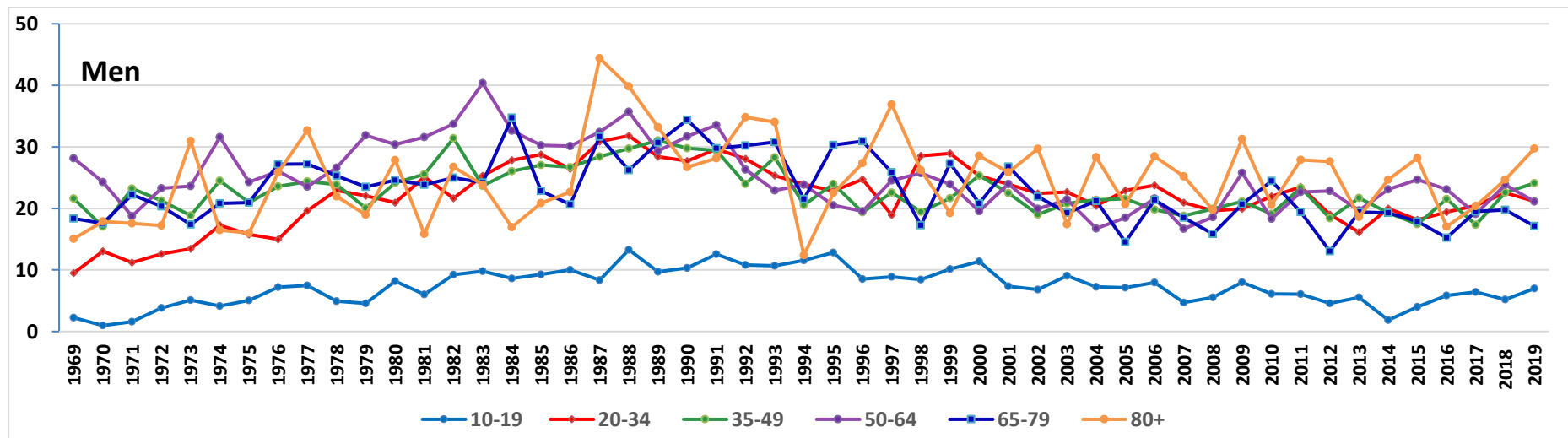
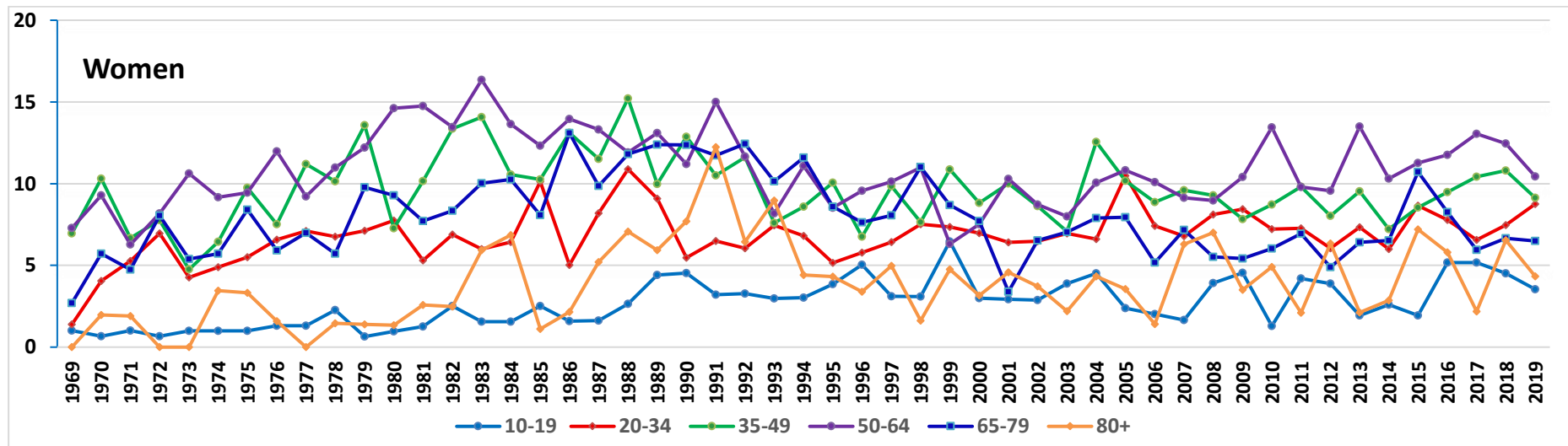
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Number of Suicides by Age-group from Year 1969 to 2019, Stratified by Sex



(produced by Ping Qin upon raw data from FHI and SSB)

Age-specific Suicide Mortality by sex, from Year 1969 to 2019 (per 100 000 population)



(produced by Ping Qin upon raw data from FHI and SSB)

Number of Suicides by County in Norway, Selected Years from 1990 to 2019

County	1990	1995	2000	2005	2010	2015	2017	2018	2019
Viken	160	112	120	120	120	125	116	150	164
Oslo	99	88	84	77	73	82	82	83	89
Innlandet	65	53	47	45	55	48	46	53	43
Vestfold og Telemark	69	48	50	54	54	51	64	72	62
Agder	36	32	23	31	30	34	37	43	34
Rogaland	31	40	48	42	48	57	51	66	43
Vestland	49	59	62	54	60	67	65	62	59
Møre og Romsdal	16	26	26	15	23	31	28	33	22
Trøndelag	61	36	37	40	37	56	43	47	52
Nordland	41	30	28	23	24	26	39	38	35
Troms og Finnmark	29	23	22	32	25	19	24	27	46
Total	656	547	547	533	549	596	595	674	649

(produced by Ping Qin upon raw data from FHI and SSB)

Suicide Mortality of Selected Years by County

(per 100 000 population aged 10 years and above)

County	1990	1995	2000	2005	2010	2015	2017	2018	2019
Viken	20.3	14.0	14.3	13.6	12.6	12.2	11.0	14.0	15.1
Oslo	24.1	20.7	18.8	16.5	14.2	14.5	14.0	14.0	14.8
Innlandet	20.5	16.9	15.0	14.3	17.1	14.5	13.8	15.9	12.8
Vestfold og Telemark	22.1	15.2	15.4	16.1	15.5	14.1	17.4	19.4	16.6
Agder	17.3	14.9	10.4	13.5	12.3	13.2	14.1	16.1	12.7
Rogaland	10.8	13.3	15.1	12.5	13.0	14.2	12.5	16.1	10.4
Vestland	11.1	13.1	13.4	11.3	11.8	12.4	11.8	11.2	10.6
Møre og Romsdal	7.9	12.7	12.5	7.1	10.5	13.4	12.0	14.1	9.4
Trøndelag	18.3	10.7	10.9	11.4	9.9	14.2	10.6	11.5	12.6
Nordland	19.8	14.5	13.7	11.2	11.5	12.2	18.1	17.6	16.2
Troms og Finnmark	15.0	11.7	11.3	16.2	12.3	8.9	11.1	12.4	21.1
Total	17.7	14.5	14.1	13.3	12.9	13.1	12.8	14.4	13.8

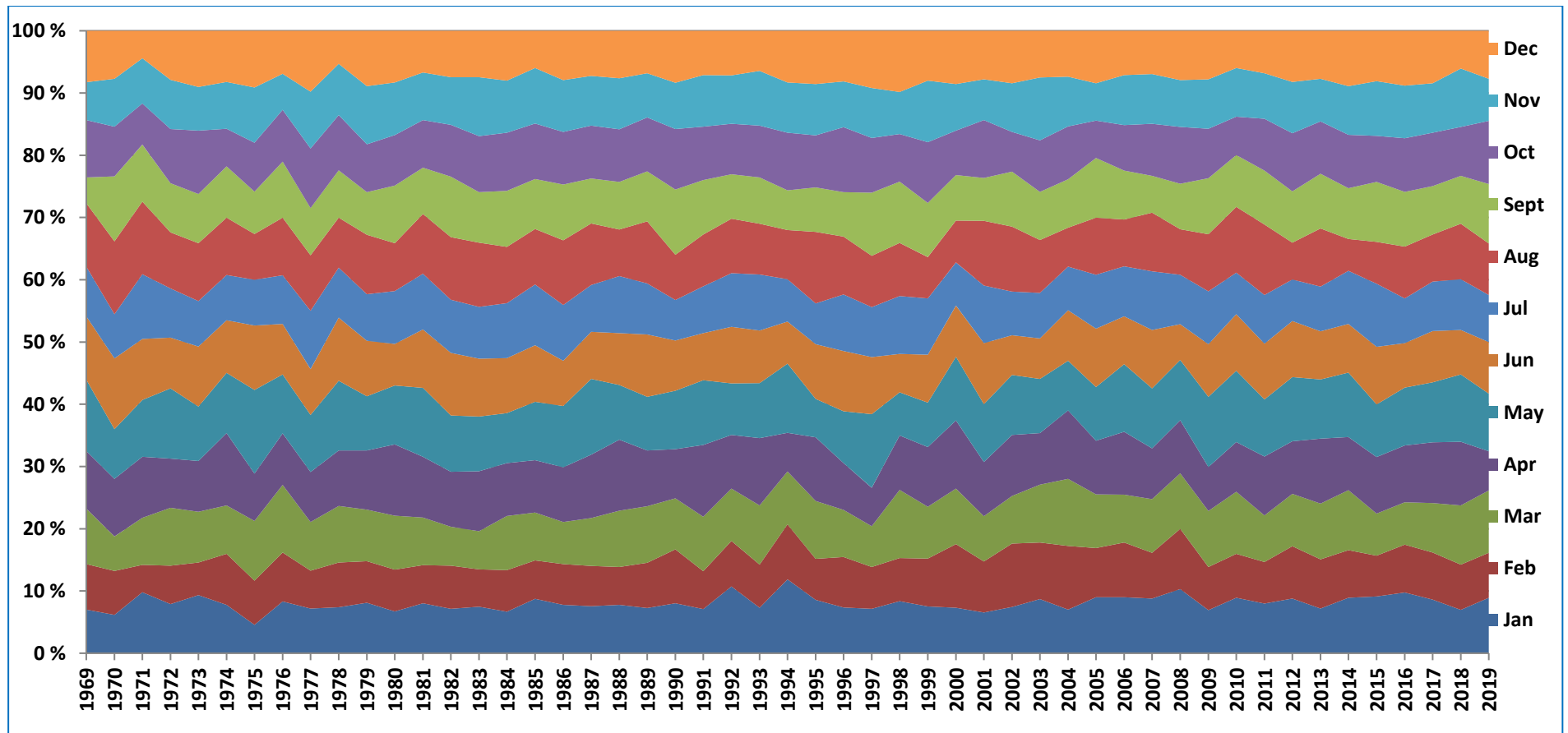
(produced by Ping Qin upon raw data from FHI and SSB)

Monthly Distribution of Suicide Deaths, Selected Years from 1980 to 2019

Month	1980	1985	1990	1995	2000	2005	2010	2015	2017	2018	2019
January	34	51	53	47	40	48	49	54	51	47	58
February	34	36	57	36	56	42	39	39	45	49	47
March	44	45	54	51	49	46	55	40	47	64	65
April	58	49	52	56	60	46	44	54	58	69	41
May	48	55	62	34	56	46	63	50	57	73	60
June	34	53	53	48	45	50	50	55	49	48	54
July	43	57	43	36	38	46	37	60	47	55	49
August	39	52	48	63	37	49	58	40	45	60	54
September	47	47	69	39	40	51	46	57	46	52	62
October	41	52	64	46	39	32	34	44	51	53	66
November	43	52	49	45	41	32	43	52	47	63	44
December	42	35	55	47	47	45	33	48	50	41	50
Total	507	584	659	548	548	533	551	593	593	674	650

(produced by Ping Qin upon raw data from FHI and SSB)

Monthly Distribution of Suicides from Year 1969 to 2019, in Percentage



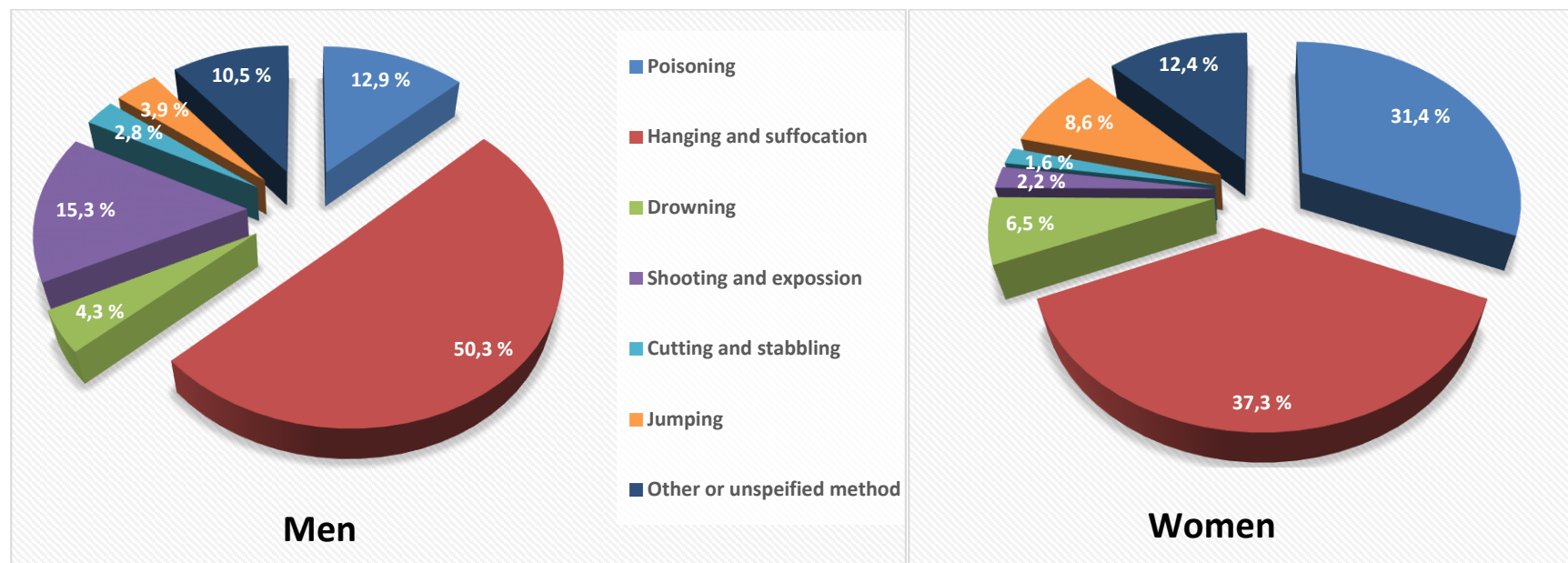
(produced by Ping Qin upon raw data from FHI and SSB)

Number of Suicides by Specific Methods in Women and Men, Selected Years

Method of suicide	1980	1985	1990	1995	2000	2005	2010	2015	2017	2018	2019
<u>Women</u>											
Poisoning	54	61	64	52	38	63	69	68	51	61	58
Hanging and suffocation	29	31	31	29	47	55	56	68	80	74	69
Drowning	28	33	34	28	19	15	17	22	13	20	12
Shooting and explosion	4	10	6	6	3	3	2	1	3	1	4
Cutting and stabbing	4	2	2	3	6	5	5	4	6	8	3
Jumping	8	9	17	12	14	14	10	8	17	18	16
Other or unspecified method	10	10	17	7	7	18	6	20	20	20	23
Total	137	156	171	137	134	173	165	191	190	202	185
<u>Men</u>											
Poisoning	67	70	68	51	35	54	41	48	40	53	60
Hanging and suffocation	105	137	139	141	179	141	176	185	191	239	234
Drowning	21	17	31	18	18	15	12	15	17	14	20
Shooting and explosion	121	142	157	136	109	79	82	74	71	71	71
Cutting and stabbing	10	10	22	8	9	8	12	8	18	14	13
Jumping	11	14	14	14	18	15	16	29	24	27	18
Other or unspecified method	35	38	57	43	46	48	47	43	42	54	49
Total	370	428	488	411	414	360	386	402	403	472	465

(produced by Ping Qin upon raw data from FHI and SSB)

Suicide by Specific Methods in Women and Men in 2019, in Percentage



(produced by Ping Qin upon raw data from FHI and SSB)

Methods Used for Suicide by Sex in Selected Years, in Percentage

Suicide Method	1975	1985	1995	2005	2015	2017	2018	2019
<u>Men</u>								
Poisoning	20.5	16.4	12.4	15.0	11.9	9.9	11.2	12.9
Hanging and suffocation	31.1	32.0	34.3	39.2	46.0	47.4	50.6	50.3
Drowning	7.4	4.0	4.4	4.2	3.8	4.2	3.0	4.3
Shooting and explosion	31.8	33.2	33.1	21.9	18.4	17.6	15.1	15.3
Cutting and stabbing	2.8	2.3	1.9	2.2	2.0	4.5	3.0	2.8
Jumping	2.8	3.3	3.4	4.2	7.2	6.0	5.7	3.9
Other or unspecified method	3.5	8.9	10.5	13.3	10.7	10.4	11.4	10.5
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
<u>Women</u>								
Poisoning	41.1	39.1	37.9	36.4	35.6	26.8	30.2	31.4
Hanging and suffocation	19.6	19.9	21.2	31.8	35.6	42.1	36.6	37.3
Drowning	20.5	21.1	20.4	8.7	11.5	6.8	9.9	6.5
Shooting and explosion	0.9	6.4	4.4	1.7	0.5	1.6	0.5	2.2
Cutting and stabbing	4.5	1.3	2.2	2.9	2.2	3.2	4.0	1.6
Jumping	8.9	5.8	8.8	8.1	4.2	10.5	8.9	8.6
Other or unspecified method	4.5	6.4	5.1	10.4	10.5	9.7	9.9	12.4
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

(produced by Ping Qin upon raw data from FHI and SSB)