



UiO : Det medisinske fakultet



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Vi har tenkt på fremtiden i 200 år

4877
Wille

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UiO : **Det medisinske fakultet**

Hva er en diagnose?

Lørdagsseminar 11. oktober 2014

Kristin Lie Romm
Spesialist i psykiatri, PhD
TIPS Sør-øst
Oslo Universitetssykehus



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Psykiatriske diagnoser

- Diagnosens opprinnelse
- Våre diagnostiske systemer
- Premissleverandører og kritikk
- Diagnostiske prosesser
- Oppsummering



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Hva mener folk flest?



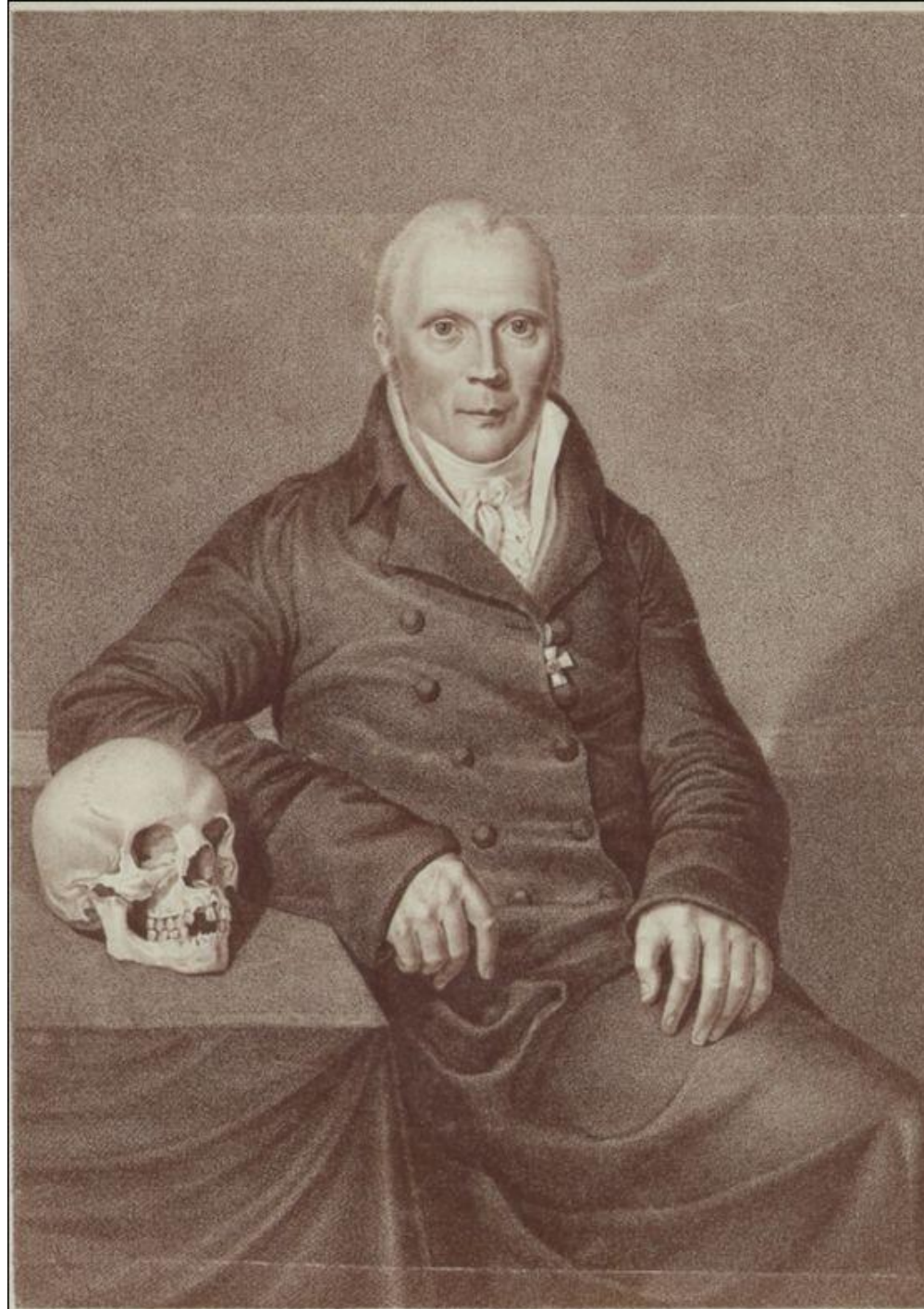
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Psykiatri som vitenskap

Johan Christian Reil
1759 -1813





Katteklaveret





Asylets rolle



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West Virginia Hospital for the Insane 1864-1889

REASONS FOR ADMISSION 1864 TO 1889

INTEMPERANCE & BUSINESS TROUBLE	DISSOLUTE HABITS
KICKED IN THE HEAD BY A HORSE	DOMESTIC AFFLICTION
HEREDITARY PREDISPOSITION	DOMESTIC TROUBLE
ILL TREATMENT BY HUSBAND	DROPSY
IMAGINARY FEMALE TROUBLE	EGOTISM
HYSTERIA	EPILEPTIC FITS
IMMORAL LIFE	EXCESSIVE SEXUAL ABUSE
IMPRISONMENT	EXCITEMENT AS OFFICER
JEALOUSY AND RELIGION	EXPOSURE AND HEREDITARY
LAZINESS	EXPOSURE AND QUACKERY
MARRIAGE OF SON	EXPOSURE IN ARMY
MASTURBATION & SYPHILIS	FEVER AND JEALOUSY
MASTURBATION FOR 30 YEARS	FIGHTING FIRE
MEDICINE TO PREVENT CONCEPTION	SUPPRESSED MASTURBATION
MENSTRUAL DERANGED	SUPPRESSION OF MENSES
MENTAL EXCITEMENT	THE WAR
NOVEL READING	TIME OF LIFE
NYMPHOMANIA	UTERINE DERANGEMENT
OPIUM HABIT	VENEREAL EXCESSES
OVER ACTION OF THE MIND	VICIOUS VICES
OVER STUDY OF RELIGION	WOMEN TROUBLE
OVER TAXING MENTAL POWERS	SUPERSTITION
PARENTS WERE COUSINS	SHOOTING OF DAUGHTER
PERIODICAL FITS.	SMALL POX
TOBACCO & MASTURBATION	SNUFF EATING FOR 2 YEARS
POLITICAL EXCITEMENT	SPINAL IRRITATION
POLITICS	GATHERING IN THE HEAD
RELIGIOUS ENTHUSIASM	GREEDINESS
FEVER AND LOSS OF LAW SUIT	GRIEF
FITS AND DESERTION OF HUSBAND	GUNSHOT WOUND
ASTHMA	HARD STUDY
BAD COMPANY	RUMOR OF HUSBAND MURDER
BAD HABITS & POLITICAL EXCITEMENT	SALVATION ARMY
BAD WHISKEY	SCARLATINA
BLOODY FLUX	SEDUCTION & DISAPPOINTMENT
BRAIN FEVER	SELF ABUSE
BUSINESS NERVES	SEXUAL ABUSE & STIMULANTS
CARBONIC ACID GAS	SEXUAL DERANGEMENT
CONGESTION OF BRAIN	FALSE CONFINEMENT
DEATH OF SONS IN WAR	FEEBLENESS OF INTELLECT
DECOYED INTO THE ARMY	FELL FROM HORSE IN WAR
DERANGED MASTURBATION	FEMALE DISEASE
DESERTION BY HUSBAND	DISSIPATION OF NERVES



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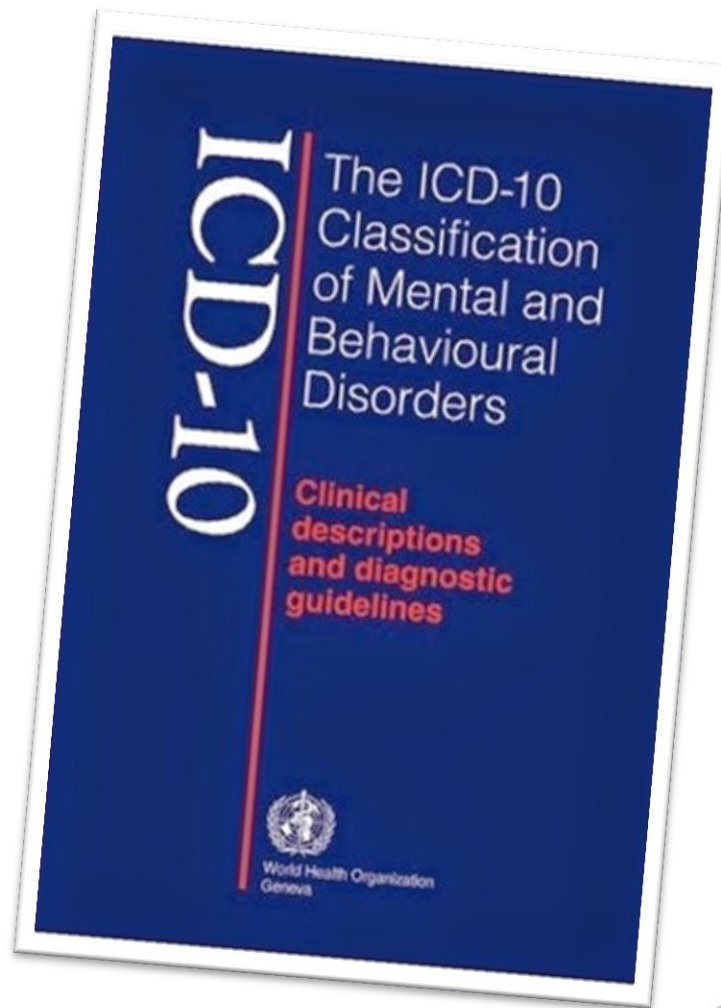
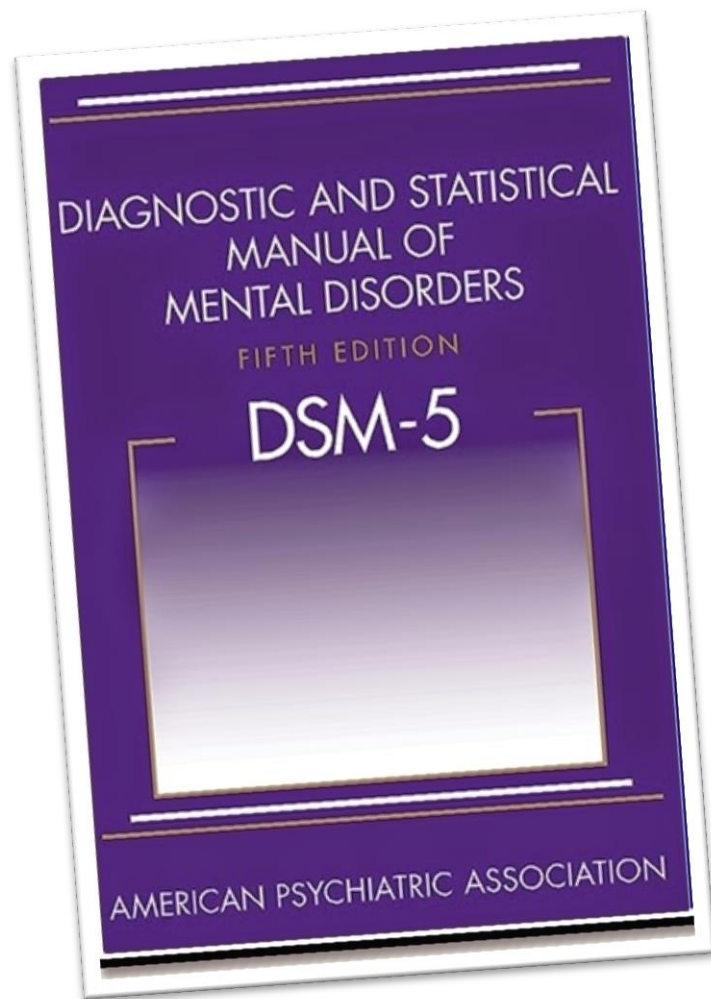


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Diagnostiske systemer

- Ikke sykdomsbeskrivelse men klassifikasjonssystemer:
 - International **Classification** of Disorder
 - Diagnostic and **Statistical** Manual
- Beskriver tilstander, ikke sykdommer
- En samling av symptomer som vanligvis opptrer samtidig, men som kan ha forskjellige årsaker





Diagnosens oppbygning

Diagnosekriterier for schizofreni

- A) Tankeekko, tankepåføring, tanketyveri, tankekringkasting
- B) Vrangforestillinger
- C) Hørselshallusinasjoner
- D) Bizarre vrangforestillinger

- e) Vedvarende hallusinasjoner av alle modaliteter
 ledsaget av vrangforestillinger...
- f) Tankeforstyrrelser
- g) Katatoni
- h) Negative symptomer
- i) Kvalitetsendring av sider ved personlig atferd





Hva forstår vi med en diagnose?

Bør den få disse begrepene til å henge sammen?

- **Etiologi** (læren om årsaker)
- **Symptom** (avvik fra normal funksjon eller følelse)
- **Prognose** (å vite noe på forhånd)





Hva er en psykiatrisk lidelse, egentlig?

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COMMENTARY

Rethinking Mental Illness

Thomas R. Insel, MD

Philip S. Wang, MD, DrPH

comes possible, depending on the biological and environmental context.

The same twin studies that point to high heritability also demonstrate the limits of genetics: environmental factors must be important for mental disorders. The advent of epigenomics, which can detect the molecular effects of experience, may provide a powerful approach for understanding the critical effects of early-life events and environment

IN THE FIRST 2010 ISSUE OF NATURE, THE EDITOR, PHILIP Campbell,¹ suggested that the next 10-year period is likely to be the "decade for psychiatric disorders." This was not a prediction of an epidemic, although mental

What kinds of things are psychiatric disorders?

K. S. Kendler, P. Zachar and C. Craver

Psychological Medicine / Volume 41 / Issue 06 / June 2011, pp. 1143 - 1150
DOI: 10.1017/S0033291710001844. Published online: 22 September 2010

Journal of Mental Health,
August 2010; 19(4): 305–317

informa
healthcare

Are psychiatric diagnoses of psychosis scientific and useful? The case of schizophrenia

JIM VAN OS^{1,2}

¹Department of Psychiatry and Neuropsychology, South Limburg Mental Health Research and Teaching Network, EURON, Maastricht University Medical Centre, Maastricht, The Netherlands, and ²Kings College London, Institute of Psychiatry, London, UK



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Ufullendte systemer



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Kritikk/utfordringer

- Hvilken rolle spiller økonomi og industri i utviklingen av diagnosemanualer?
- Er vi i ferd med å diagnostisere normalitet?
- Hvor er nevrovitenskapen i ICD og DSM?





Økonomi og industri

Amy Winehouse
By Jason Mecier/Rex feature



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Er det en unaturlig vekst i antall diagnoser?

- Overdiagnostisering og overmedisinering
- British Columbia
 - 940 000 barn 9-12 år
 - Økt risiko for ADHD-diagnose om du var født i desember i stedet for i januar

Morrow et al. 2012

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Let's face it!

Psykiatriske diagnoser er ikke som andre diagnoser

- Hvordan oppleves en ADHD diagnose for barnet?
 - De fleste opplever det negativt
 - Byrden varierer med hvordan barnet tar det
 - Avvisende
 - Identifiserende
 - Forhandlende

Olsvold 2012



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Diagnosekultur

- Å se seg selv som et diagnostisk eller psykiatrisk subjekt
- Å se andre gjennom diagnosen





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Stigma



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RDoC (Research Domain Criteria)





Trenger vi diagnoser?

Ja!

- Profesjonelt språk
- Veileder behandling
- Letter informasjonsformidling
- Rettigheter
- Forskning
- Føringer for helsepolitikken



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Diagnostiseringsprosessen -kunst eller vitenskap?

- Relasjon
- Informasjon
- Systematikk
- Tid
- Dokumentasjon
- Revisjon



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Oppsummering

- Diagnoser er viktige
- En psykiatrisk diagnose er ikke en sykdom, men ett sett av symptomer
- Våre diagnosesystemer er ufullendte systemer som krever ydmykhet i hverdagen
 - hos både leg og lærd!



*Jernlunge brukt fram til våre dager
for hjelp til åndedrett.*



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